

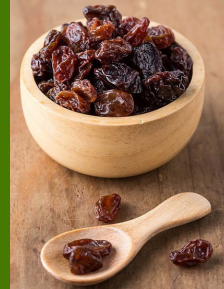
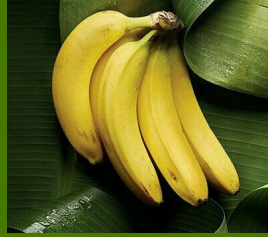
Micronutrients & Food Sources



Calcium



Potassium



Vitamin A



Vitamin E



Vitamin C



Magnesium



Iron



Iodine

